FINDING FREEDOM

ESTABLISHING YOUR HEAVENLY IDENTITY

In Christ…

- I am chosen, I belong
- I am forgiven
- I am loved & treasured
- I am gifted & special
- I am significant
- I am pleasing to God

Day 1

- Declare out loud all 6 of the statements above which describe your heavenly identity.
- If you find this feels awkward or difficult, pray (out loud) asking the Lord to forgive you for judging, rejecting, and possibly hating yourself and declare the 6 statements of truth again.
- *Bonus Activity: Write this list down and take it with you. Every time you walk into a bathroom, declare this list out loud (Note: it can be whispered)*

Day 2

- Declare out loud all 6 of the statements above.
- Which one of these statements is the hardest for you to believe about yourself? *(it might be the one you have trouble saying)*
- Ask Holy Spirit to reveal the belief you have about yourself that contends with the above truth.
- Renounce (disown) the negative / destructive belief about yourself and then declare His truth.
- *Bonus Activity: Ask the Holy Spirit to show you when and how this negative / destructive belief came into your life. Pray through this event using the Finding Freedom Prayer Model.*

Day 3

- Ask the Holy Spirit to reveal a recent event when someone said or did something that left you feeling hurt, down & discouraged about yourself. In that situation, which statements about your heavenly identity were you not believing about yourself?
- **Confess**: Ask the Lord to forgive you for:
  1) Letting this person 'weigh your worth'
  2) Any anger or resentment you have held toward this person
  3) Believing negative / destructive lies about yourself
- **Renounce**: Declare the negative / destructive beliefs are not true (disown them)
- **Forgive**: Release the person who hurt you to God
- **Rebuke**: Break any demonic spiritual assignments that are associated with these destructive beliefs
- **Declare**: Speak out loud the truth(s) about your heavenly identity
- *Bonus Activity: Ask God to bless the person who hurt you.*

Day 4

- Ask the following question: Jesus, what are all the great things that you love about me? *(Note: if your first thought is that He will not say anything, or you can't hear Him, ask Jesus to forgive you for your unbelief. Still yourself and with confidence, ask the question again. Be patient and believe what comes to your mind is from Him…words, scriptures, pictures, etc.)*
- Write down what you heard, sensed, or saw, and share it with someone close to you.
- *Bonus Activity: Ask God to show you specific things that He loves about someone close to you. Share what He shows you with that person.*

Day 5

- Make it your mission today to speak words of encouragement to other people. Share with them what you see that is great, special, and wonderful about them. These are parts of their heavenly identity!
- *Bonus Activity: Go out of your way to do or say something nice to a person who has upset or hurt you. Be a blessing to them.*